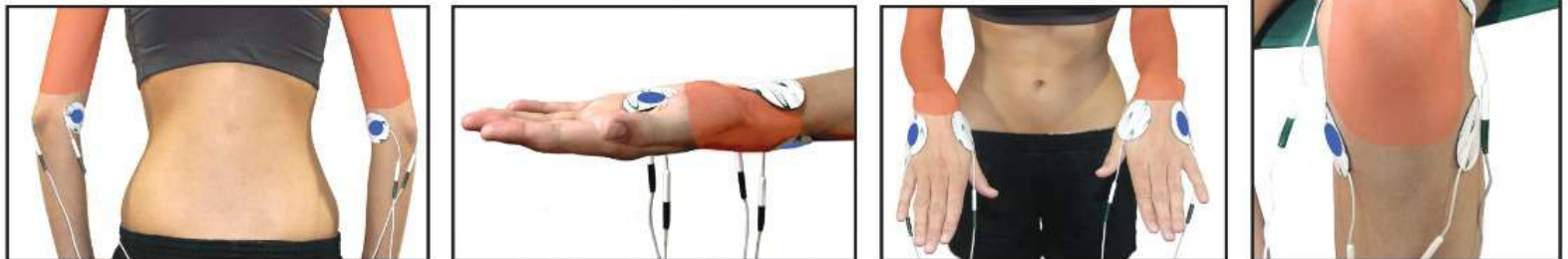




LET NOTHING STOP THEM.™



# Alpha-Stim® AS-Trode™ Sample Protocols



## AS-Trode™ Electrode Treatment Process

1. Evaluate pain before and from time-to-time during and immediately after treatment.
2. Turn Alpha-Stim power on and set timer to 10, 20, 40, 60 minutes or continuous depending on the length of time necessary to effectively manage pain. Standard treatment time is 20 minutes to 1 hour.
3. Set current to desired setting. Use the lowest current setting that provides effective pain relief, it is safe to raise it to 6 if necessary but decrease it immediately if it becomes uncomfortable. A higher current level should provide faster relief but treatment at a lower current might last longer.
4. Apply AS-Trodes to clean, dry skin. Always place them to direct the current between them through the area being treated. Two AS-Trodes must always be used in order to complete the electrical circuit. Experiment with moving the AS-Trodes around to obtain the best results.

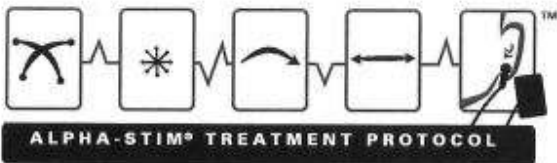


 Paired AS-Trodes  
 Pain Area

[www.alpha-stim.com](http://www.alpha-stim.com)  
[info@epii.com](mailto:info@epii.com)  
 1-800-FOR-PAIN

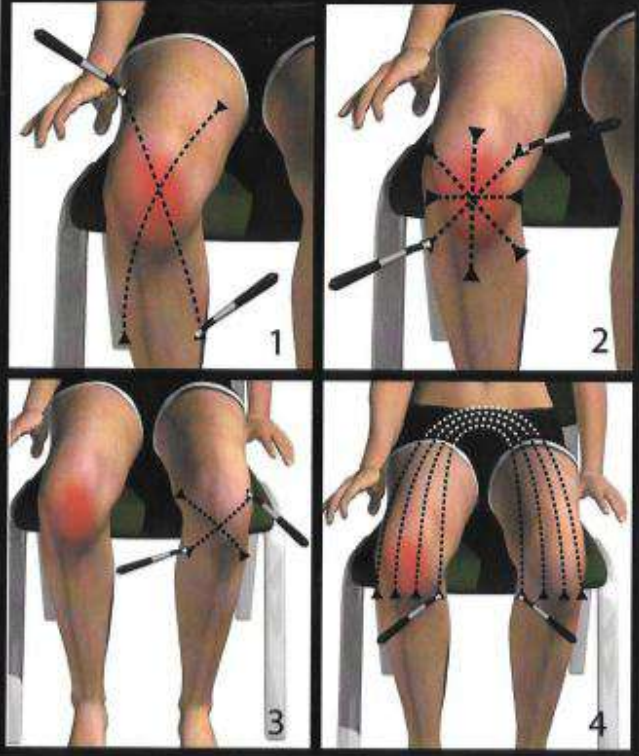






## Example of Treatment Strategies

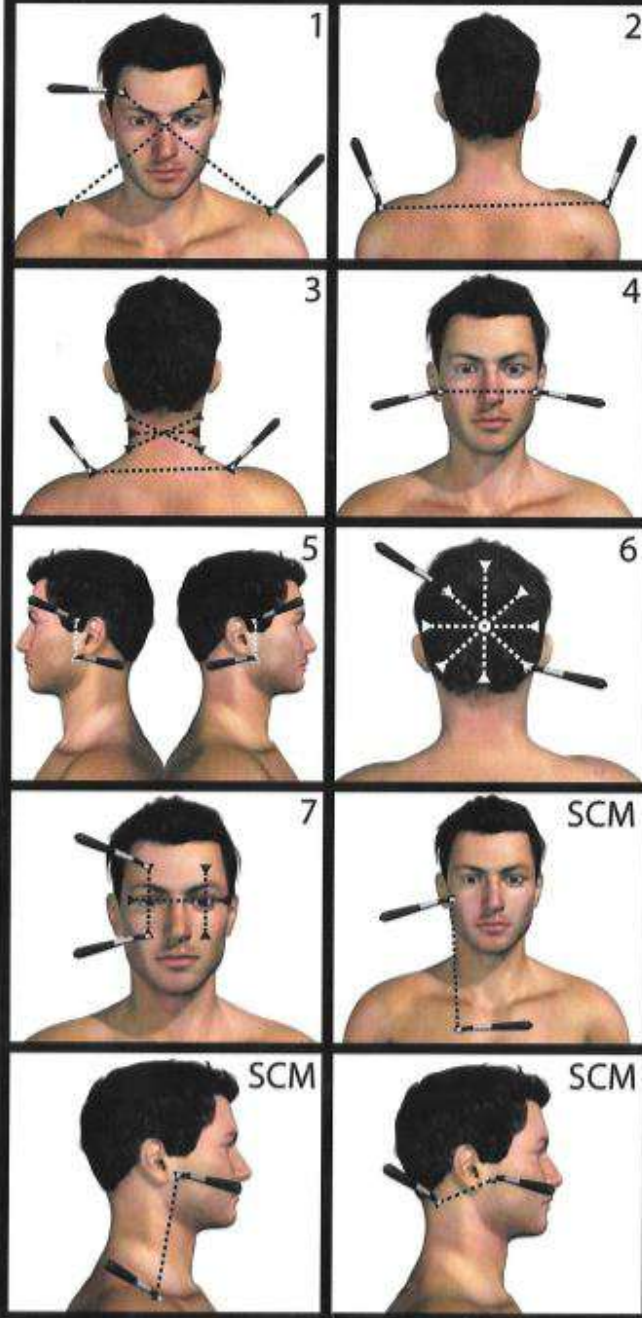
### Knee Pain



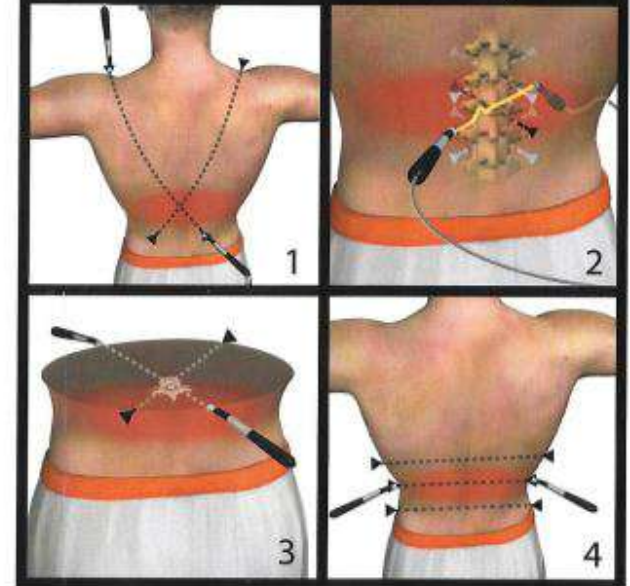
### 1 Minute Protocol



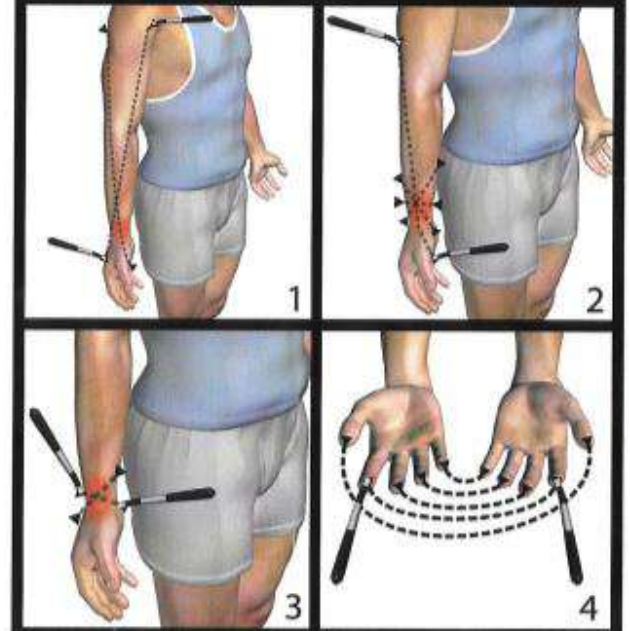
### Headaches



### Back Pain



### Wrist Pain



Adapted from A Practical Protocol for Electromedical Management of Pain by Daniel L. Kirsch, Ph.D., D.A.A.P.M. Chapter 61 in Pain Management: A Practical Guide for Clinicians (the textbook of the American Academy of Pain Management) Dr. Richard Weiner, Ed. CRC Press, Boca Raton, Florida, 2002. Available at [www.alpha-stim.com](http://www.alpha-stim.com).

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